# HOUSING AND HOWELESS

### MY RESUME

- Housing, Homeless and Employment Specialist with KDADS Behavioral Health Services
- SOAR State Lead for Kansas
- Served as the Acting Executive Director for Kansas Statewide Homeless Coalition and the Continuum of Care Lead for Balance of State Continuum of Care
- ➤ 18 years at Valeo Behavioral Health Care in Topeka. While at Valeo, worked as case manager, team leader and CMHC Housing Specialist . Primary worked adults diagnosed with a severe and persistent mental illness
- Member of the Shawnee County Homeless Task Force

# **HOUSING LEADS TO RECOVERY**



### HOUSING COULD INCLUDE:

Permanent housing

Permanent supportive housing

Transitional housing

Interim housing

Shared living

Supervised Housing

Section 8 Vouchers

Section 202

**Supported Housing** 

Section811

Residential Care Homes (RCF)

**Oxford Houses** 

Low Income Tax Credit Properties

**HUD Housing / Public Housing** 

**Supported Housing Funds** 

**Group Homes** 

Rapid Rehousing Programs

Crisis housing

**Supervised Transitional Housing** 

**Homeless Units** 

### ARRAY OF HOUSING IN KANSAS



Treatment Facility

⇒ RSI

⇒ Crisis Housing



Supervised Housing / Residential Care Facility



Shared Living / Interim Housing



Transitional Housing



Permanent Supportive Housing / Housing First



Recovery Housing ⇒ Oxford House



Permanent Housing / Tenant Based Permanent Housing

- Treatment Facility—Behavioral health treatment facility
- Residential Care Facility: 24-hour care and oversight
- Shared Living: roommates in rental housing, CMHC organized
- o Interim Housing: state-funded project-based housing, stay up to six months
- o Transitional housing: usually HUD funded, stay up to two years
- Permanent Supported Housing: usually HUD funded, services on-site and available as needed
- o Tenant-Based Permanent Housing: market rental housing, with rental subsidies

### **COMMUNITY BASED TREATMENT FACILITY**

- Operated by CMHCs or as part of collaboration
- Behavioral health services provided 24 hours / day
- Short term stays
- Not residential housing
- Used for diversion services or as crisis housing

### SUPERVISED HOUSING TRANSITIONAL HOUSING

- Residential Care Facilities provide housing and supports to help the resident live successfully in the community
- Licensed by KDADS
- RCFS are funded by resident fees
- Are not mental health treatment facilities.
- > List of licensed RCFs can be found on the KDADS website
- Length of stay varies by facility.
- Immediate housing to help someone stabilize in the community

## SHARED LIVING / INTERIM HOUSING

- Two or more consumers with behavioral health disorders live together in shared units.
- Housing is organized by CMHC
- Usually short term housing
- Interim housing developed to provide immediate housing for homeless persons with a severe and persistent mental illness discharging from a state institution
- > CMHCs use the Interim Housing funds to lease small units
- Consumers can stay in the Interim Housing units for up to six months

### TRANSITIONAL HOUSING

- Usually funded by Housing and Urban Development through the ESG or Continuum of Care Program funds
- Maximum stay is 24 months
- Can be project based or tenant based assistance
- Most programs have some services attached

### PERMANENT SUPPORTIVE HOUSING

- Permanent supportive housing is considered permanent and offers tenants a range of supportive services
- There are no limits for the length of stay
- Ideally, the availability of housing is not dependent on the tenant's participation in behavioral health services
- May be HUD funded with eligibility criteria
- Units may be scattered site or project based

### **RECOVERY HOUSING**

- Oxford House is a successful recovery housing program for persons with a substance use disorder
- Democratically run and self governed
- Number of residents range from six to fifteen

### PERMANENT HOUSING

- Community based housing without a designated length of stay
- May include apartments, single family home, single room occupancy
- Tenant signs lease and is responsible for maintaining unit
- May have rent subsidy or other financial assistance with housing costs
- Rapid Rehousing is a HUD funded housing program that provides support to rapidly rehouse a homeless person or family

### PERMANENT HOUSING

- Low Income Tax Credit Properties
- Homeless Units
- Section 811 subsidized housing units for persons with disabilities
- Section 202 subsidized housing units for elderly persons
- Section 8 Voucher Program tenant based housing program through the local housing authorities. Tenant pays approximately 30% of their income to rent market based housing

### HOUSING PLUS SERVICES

- ☐ There is a variety of services and resources available to support the consumers with living successfully in their community
- Behavioral Health services provided through the community mental health centers and substance use treatment facilities
- Services provided based on the clinical needs of the individual

### **HOUSING SUPPORTS**

- ☐ Consumer run organizations / peer network
- ☐ CMHC Housing Specialist
- ☐ PATH teams
- ☐ SSI/SSDI, Outreach, Access and Recovery (SOAR) workers
- Supported Housing Funds

### OTHER HOUSING RESOURCES

Housing programs offered through the Kansas Housing Resources Corporation:

- Emergency Solutions Grant (ESG) is designed to help homeless individuals and families. Funds may be used for rehabilitation of current homeless facilities, conversion of building for use as emergency shelter or for essential services and operating expense
- □ Tenant Based Rental Assistance Program (TBRA) a program designed to help income eligible households with rent, security deposit, and/or utility deposit. Rental assistance reduces the households rent obligation to 30% of the household income
- Weatherization Assistance Program provides income eligible families a comprehensive home assessment which includes repair or replacement of heating systems, insulation and caulking

# **QUESTIONS?**



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